



Stoke High School Ormiston Academy



Respect · Inspire · Achieve

THE STOKE HIGH SCHOOL ORMISTON ACADEMY NEWSLETTER - FEBRUARY 2017

Message from the Principal

AMBITIONS, EXPECTATIONS AND ACHIEVEMENTS



It is my pleasure to present to you our latest newsletter outlining the Autumn Term 2016. As a whole Academy we have had a push on our Wildly Ambitious Goals (WAG) initiative, with every student from Years 7 to 10 completing a career path in their planner. Please spend some time with your child discussing their career goals and what this means for their education here at Stoke High School - Ormiston Academy. WAG's has been linked closely to our highly successful Chooseday Tuesday, a weekly lunchtime event where students are able to meet and chat with people representing all sorts of different professions. Here at Stoke High School - Ormiston Academy we take every opportunity to ensure that all of our students strive to be the very best they can be and having a clear goal for the future is a vital component in achieving this.

During the previous term our staff team, along with our students, have worked hard on establishing our basic expectations both in the classroom and around the Academy. I am very happy to say that our students have responded to the challenge well, and it is great to see how well engaged they are in our classrooms as a result. As parents and carers we would ask you to support us with this by ensuring that your child attends the Academy regularly, in order to access as much of their learning as possible. The link between regular attendance and overall attainment is widely recognised and the benefit this serves in enhancing our life chances is well documented.

It would be very difficult to list all of our achievements last term, in fact the newsletter just isn't big enough, however I would like to highlight how proud we are of three of our students who have recently been awarded the Elliston Award. This is a Scholarship to attend the sixth form at Ipswich High School for Girls and is especially exciting as it is usually restricted to one allocation per school. Also mentioned in this publication are our Year 11 students who have been awarded their Bronze Duke of Edinburgh Award and many other examples of our young peoples' achievements.

I would like to take this opportunity to wish our Year 10 and 11 students the very best as they reach this crucial period for examination preparation, and would urge them to take the opportunities offered by staff during the #Period6 revision sessions. I look forward to an equally successful Spring Term and would like to thank everyone involved in the Academy, as we strive to make Stoke High School - Ormiston Academy a place that the local community can be rightly proud of.

Kind regards

Glenn Mellor, Principal

Duke of Edinburgh Award **Successes**

Eight Year 11 students have successfully completed their Bronze Duke of Edinburgh Award, which requires participants to complete skill, physical and volunteering sections, as well as completing a two day independent expedition. The external assessor on their expedition was very impressed with their performance and gave them all very positive feedback.



The current Year 10 group have made a very good start to the Award and will be starting the training for their expedition in January. The Award will be launched to Year 9 students in June 2017.

Mr A Park - Duke of Edinburgh Award Co-ordinator

BRITISH TELECOM COSPACE RESCUE DAY 1

Twelve students from Years 8, 9 and 10, who have made excellent progress in their coding lessons in Computer Science, attended the BT CoSpace Rescue Training Day at BT Headquarters in Martlesham. CoSpace Rescue is a competition with National and International events, of which Suffolk has an excellent track record with the current UK and World Champions from Beccles in attendance. In CoSpace Rescue, the competitors have to code robots to search for objects, the robots then compete against each other in a timed challenge.

We are attending an Improver's Day in January and are hoping to attend the National Finals in April 2017.



Mr Park - Second in Art/ Design/ICT Faculty





CHOOSE DAY TUESDAY

In conjunction with the “*Wildly Ambitious Goals*” programme, another new career initiative was launched this term – Choose Day Tuesday. Every Tuesday lunchtime a different guest employer is invited to have lunch with students in the canteen. This gives students the opportunity to meet employers in an informal setting, find out about different careers and the world of work in general, and also make some choices about future careers.

Employer engagement is an important part of school action, which complements the Academy’s curriculum and helps to prepare young people to be the workforce of the future. The scheme has been running very successfully throughout the Autumn Term. With the support of the Academy’s official Enterprise Advisor, Jill Barton, we have welcomed business people from a diverse range of careers including Website Developers, Army, Navy, Port of Felixstowe, Ensors Accountants, Glasswells Furniture Store and Hollow Trees Farm.

Some students have already been able to follow up a Choose Day Tuesday lunch session with a visit to the employer’s workplace, having a tour of the business and a Question and Answer session around the life-skills needed for the modern workplace.

In the New Year we welcomed guests from the Wolsey Theatre, East Anglian Daily Times, Suffolk Constabulary, Ipswich Hospital and British Telecom.

Mrs W Toogood
Careers/Work Experience Co-ordinator



Charity Committee

What a great start to the year for the Charity Committee! We firstly had to recruit new students from Years 7 and 8 and I was overwhelmed by the response and the number of students who wanted to be part of this great team. Fifteen strong, we quickly got to work on our first project, the Samaritans ‘*Operation Christmas Child*’. From the “*off*” the committee were enthusiastic and dedicated to the cause, from leading whole Academy assembly, to distributing resources and regularly checking the progress of each form group. We set the challenge for each form to put together a shoe box of gifts for a young person which would then be delivered to a child in need overseas. As the deadline crept closer, there was a real sense of excitement as forms challenged each other in producing more and more boxes. The collection week highlighted the community spirit of Stoke and the Charity Committee collected an amazing **86 boxes!** A fantastic achievement, and we thank everyone for their time and effort in putting them together. However, our work did not end there, we had to sort through all the boxes to ensure they met with the strict requirements and then load them into the minibus to deliver to the local collection depot – this wasn’t an easy or quick job! I received a letter of thanks for our brilliant response and I hope to hear very soon as to exactly where our boxes have gone and to which children they have made a difference to.

There was no time for a rest, the Charity Committee were soon working on their next project, ‘*Christmas Jumper Day*’, raising money for Save the Children. Once again, the Committee took charge in organising and informing staff and students of the day and encouraged people to don their Christmas jumper on the last day of term! It was a really successful day, and there were some brilliant Christmas jumpers being worn by both staff and students. Once again, Stoke High really got into the spirit of the event. The committee spent most of the morning collecting and counting the donations and we are proud to say that as an Academy we raised £604.60 for Save the Children. A fantastic amount!

I would like to thank the Charity Committee for all their hard work and enthusiasm last term and I am looking forward to working with them on many more projects. As we begin the new year, our thoughts are on Red Nose Day in March – watch this space for our exciting plans!

Mrs L Allard - Mathematics Faculty





STUDENT SUCCESS AT COSPACE RESCUE IMPROVERS DAY 2

On Friday 13th January, eleven Year 8 and 9 students attended the BT Robo Cup Junior CoSpace Rescue Improvers Day. Most students had attended the beginner's day, and done some extra work in their Computer Science Lessons and after school. The students were challenged to code a virtual robot in C++ to search an area for objects, then deposit them to score, whilst avoiding obstacles and traps. The students worked really hard in preparation for the competition where they selected their best robot and competed against teams from other schools. Rhys Orford and Louis Peters, came a very commendable third and were awarded certificates.

We are hoping to send teams to the UK Championships in April which will be held at BT Martlesham.

Mr Park - Second in Art/Design/ICT Events



TRIP TO MEDIC PORTAL

Last year several Year 10 students interested in a future career in medicine signed up to attend a lecture given by a Junior Doctor with Medic Portal at Ormiston Venture Academy, Great Yarmouth. The talk gave great advice to the students about the pros and cons of becoming a Doctor, versus other medical careers, as well as the whole process of becoming fully qualified: all the way from GCSEs to choosing a specialism. All of the information was based around hands on personal experience and students walked away with lots of knowledge and resources to help them both now and later on.

Emily Fillbrook

Student at Stoke High School – Ormiston Academy



NEWS FROM THE BASE CAMP PROJECT

Six Year 10s from last year's Base Camp were invited aboard RV Song of the Whale – a marine research vessel crewed by the team at Marine Conservation Research International (MCRI) – to take part in the *Our Estuaries, Our Youth, Our Heritage* project.

The 70ft ship made its way down from Iceland to dock at Ipswich Marina for an overnight expedition of the Orwell and Stour estuaries. The weekend consisted of activities such as bat spotting in Woolverstone, searching for landmarks of local interest along the Orwell, identifying underwater noises and researching shells and marine life on the Stour. The group were rewarded with a John Muir Award for this and their efforts at Base Camp over the last year, which included camping, conservation and community activities. Mr Mellor joined the group for a celebration event at the YMCA in Ipswich, where the students collected their awards.

The first of our groups for this year's Base Camp are well underway. After settling into our weekly after-school sessions with plenty of toast and hot chocolate, the first challenge for these Year 9s was a day of outdoor survival in the wilds of Suffolk – exploring the woodland, setting up shelters with a basic kit and the natural resources around them, and cooking dinner on the campfire. Plenty of ingenuity and persistence was shown by all, setting them up for the challenges still to come: coppicing at Lackford Lakes, camping in Tunstall Forest and winning on a game shoot in Woodbridge. We look forward to meeting our second group later in 2017.

Mrs W Toogood - Careers and Work Experience Co-ordinator





German Trip to Rhine and Moselle – December 2016



On Friday 16th December, 31 students departed in the early hours for Boppard in Germany. The coach left Stoke High School – Ormiston Academy at 5.30am and arrived at the **Huensruecker Hof** Hotel at around 6.30pm, after crossing the Channel on the Eurotunnel and travelling through France, Belgium and the Netherlands. Despite a long journey, students were excited on arrival and after checking into their rooms regrouped for a well-deserved hot meal. Students had already begun to observe and question the culture and languages around them through stops en route. Despite Miss Jordan's promise, one student was even surprised to learn that he was unable to see fish out of the window on the Eurotunnel!

The following day after a well-earned rest, the group enjoyed a delicious continental breakfast before heading out to explore the quiet town of Boppard. Here we checked out the cruise ships and hotels along the Rhine, before exploring the wonderful array of shops along the pedestrianised main street. A clear favourite was the toy shop where the owners took joy in conversing with students and the popular Eiscafé where students enjoyed a festive ice-cream! An interesting choice of souvenirs was already starting to appear, and the clear winner of the most unusual souvenir went to Deon for buying his Mum a duster! I am sure that his Mum fully appreciated this kind gift. A clear second was the bunny ears purchased by Hope, Danny and Megan which they wore for the remainder of the trip.

The afternoon was spent in the beautiful town of Cochem with its half-timbered houses and small alleys. The town was reached by a stunning scenic drive along the River Moselle. The group climbed the serpentine path through the landscaped gardens to Cochem castle situated on a hill 100 metres above the Moselle. We were met by a very funny and informative tour guide, who offered deep insights about the history of the castle. First built in the Year 1000, it was occupied and destroyed by the troops of Louis XIV in 1688 when it was set on fire. Louis Ravené, a German businessman, rebuilt it in the 19th century in neo-Gothic style and the castle became a summer residence for his family. It was fascinating to see the fantastic collection of Renaissance and Baroque furniture acquired by the family and how the preserved ruins were integrated into the new construction.

After a satisfying tour and soaking up the breathtaking views of the Moselle, the group explored the small selection of Christmas stalls where students were very adventurous in their choices. Miss Douglas and Mrs Howe encouraged and supported students in using their linguistic skills to purchase their lunch and the group sampled **Reibekuchen** (deep fried potato fritters), **Pfannkuchen** (pancakes), **Bratwurst** (grilled sausage), the legendary **Currywurst** (sausage in curry sauce), and **Pommes mit Mayonnaise** (chips with mayonnaise). Mr Watson's group particularly enjoyed toffee apples and candyfloss, earning Mr Watson the title of "**Candy man**". Morgan bought the largest souvenir of the trip, an enormous decorated **Lebkuchen** (gingerbread).

The group were even more spoilt in the evening and enjoyed exclusive use of the 14th century monastery cellar of Hotel Ebertor for a traditional meal of **Schweinebraten** (roast pork), **Knödel** (dumplings) and **Sauerkraut** (pickled cabbage). It was fantastic to see everyone enjoying each other's company in such a special and relaxed setting. On return, all students sat together to write their postcards home, many in German, which we hope parents received and enjoyed.

The trip home was successful and students were able to explore a supermarket in Belgium, as well as make a short stop at a Belgian Chocolate Factory shop where further delights were brought home for the Christmas period. The conduct of students on the trip was excellent and a wonderful time was had by all.

Miss E Douglas - French German Faculties

Germany was a fun experience; the sites were beautiful and the food was so delicious. The best parts were the tour of the Castle where we learnt about the history and seeing the German landscape. We went to the towns of Boppard and Cochem and bought a lot of amazing sweets and clothes. I had a great time there and hope that there will be a new trip to go on soon.

Hope Gisby - Year 8 student at Stoke High – Ormiston Academy



OAT DRAMA Workshop

For most students, Friday 25th November was a day of rest as the Academy was closed. However, for nine Year 9 BTEC Drama students, they took the opportunity to go to Sudbury Ormiston Academy to take part in a day of Performing Arts workshops in Drama, Dance or Music.

The students were able to experience different working methods along with the professionals, and working with students from other Ormiston Academies, they experienced activities similar to those in the Arts Award.

During the day the students were exemplary in their attitude and behaviour and they undertook the workshops with maturity, effort and a high level of commitment. I was proud to be able to take these students to this event and hope that they continue to use these abilities within their Drama lessons to develop their skills and their techniques further.

The students involved were:

Carmen Alexander - 9CS • Alicia Fuller - 9LG Mercedes Knox - 9SL • Annie Marlow - 9LJ Roseanne Rokobuli - 9LJ • Grace Seaman - 9CS Nicola Sebastian - 9AP • Chloe Spiteri - 9AP Kia Welham - 9SL

Mrs T Beacham - Drama Faculty



Guests of GLASSWELLS Furniture Store, Ipswich

I would like to tell you about our amazing trip to Glasswells Furniture Store in Ipswich. Andrea, who is the General Manager, and her colleague Luke, came into one of the Chooseday Tuesday lunchtime sessions and invited students who wanted to find out more about careers in retail, to spend a morning at their flagship store in Ipswich. We met staff and found out about merchandising and point of sale, which is how shops display their goods, and the most effective ways to do this to make sure they sell. They explained the different range of products they sell and we had to try and work out which materials were the most expensive and why.

It was the right time to visit the store because all their Christmas displays were in place and the shop looked amazing! At the end of the tour, we were taken to the very impressive Boardroom, complete with Christmas tree, and were given drinks and home-made scones, which were very tasty and satisfying. While we were enjoying our refreshments we had the opportunity to get any questions answered and go over what we had learned that morning. Andrea and Luke also told us some interesting and funny stories of everyday life in a shop and they also gave us advice on how to make a good impression on prospective employers and what should be in an excellent Curriculum Vitae. We had an interesting and informative morning and would like to thank Glasswells for giving us this valuable opportunity.

Morike Ariyo - Student at Stoke High School – Ormiston Academy



FELIXSTOWE PORT (PD PORTS)

First of all, I would like to say that the visit to the Port of Felixstowe was an informative and brilliant experience. We learnt so much about logistics and how people transport things that we buy from our shops. When we first arrived, the manager did a quick introduction of what he does and what logistics mean. Afterwards we went on a tour. We had to wear a visitor's vest so the workers knew we were not just people walking around. The manager took us outside where he showed us how they put the packages in and out of the containers and how they bring it to the delivery stage. Next they provided a lunch of sandwiches and other food, then we went back to the Academy.

Overall, we all had a wonderful time and we loved it.

Shannon Turner - Student at Stoke High School - Ormiston Academy





Dates for your Diary

Thursday 9 March - Year 8 Parents' Evening

Thursday 16 March - Year 8 Options Evening

Friday 31 March - Outstanding Assembly
END OF TERM

Monday 3 April until Monday 17 April -
EASTER BREAK

Tuesday 18 April - **INSET DAY**

Tuesday 25 April - **Curriculum Day 3**

Thursday 27 April - **Year 10 Parents' Evening**

Monday 1 May - **May Bank Holiday**

Monday 15 May - **GCSEs begin**

Friday 26 May - **Outstanding Assembly**

Monday 29 May until Friday 2 June -
HALF TERM

Year 7

Wow! What a busy year so far!

It has been lovely to see Year 7 settling in well to Stoke High School – Ormiston Academy with everyone looking smart in their uniform. Year 7 have been busy collecting Stokies as a reward for their hard work and effort in lessons and just before Christmas we had collected just over 7,000 as a year group – a fantastic achievement. I am pleased to say that 7CW have the most Stokies in the whole of the Academy collecting over 2,000 – keep up the good work all!

We had the band **“Boycode”** visit us to give an important message on cyber-bullying. They gave us a performance of some of their songs and held a question and answer session on being safe using the internet.

We have also had our first cohort of students take part in the **“Brilliant Club”**, a programme designed to get students thinking about going to top universities. As part of this Kellan, Carly, Ruby, Eurig, Owen and Estelle have been experiencing tutorials in School with a University Tutor and have written 1,500 word Science essays about Ebola – we look forward to seeing the results.

Year 7 also experienced the first Curriculum Day in this first term. This was run by the English Faculty and after many exciting workshops students watched a performance of **“Dracula”**. The theatre company involved were very impressed with Year 7 and I received many positive comments back from them saying how great the students were and how they got involved throughout the day. It was commented that every single student participated in the workshops to produce some great work.

I am looking forward to working with you all to ensure that Year 7 continue to make a positive start at Stoke High School.

Mrs J Iles - Head of Year 7

Year 8

Wow! What a start for our Year 8 students!

I continue to be super impressed with the hard work and effort from our Year 8 students. It is fantastic to be told by many different teachers how **“hardworking, conscientious and friendly”** our students are.

Year 8 have had a busy few months with a number of exciting activities.

During October all Year 8 students visited the Suffolk Skills Show at Trinity Park. This was an excellent day which gave our students opportunities to meet and ask questions of over 100 companies and local education providers. The behaviour of the whole group was impeccable; I could not have been more proud of each and every one of our students. Year 8 culminates with our students choosing their GCSE options for next year. I know this day will help them to make those difficult decisions and we will provide more information to students and parents/carers shortly.

I am determined that we continue to celebrate the effort and achievement of Year 8. During December our outstanding students were invited to celebrate together with pizza and a Christmas film. Events such as this are an excellent opportunity to encourage all of our students to be the best that they can be. Such evenings are always my favourite as I get the opportunity to celebrate their success. Well done to all of Year 8. Further celebration events are planned for later this year.

A personal highlight of the year was taking 35 Year 8 students to Monmouth Court Residential Home to sing Christmas Carols. Students gave up a number of lunchtimes to rehearse and on the day gave it their all to sing a mixture of traditional and contemporary Christmas songs. All the residents enjoyed the carols and our students enjoyed bringing the festive spirit to others. A great end to the year.

Mr W Barton - Head of Year 8

Useful LINKS...

www.stokehigh.co.uk

www.parentview.ofsted.gov.uk

www.suffolklibraries.co.uk/branches/stoke-library

www.ipswich.gov.uk/content/maidenhall-sports-centre

www.parentmail2.co.uk

www.gov.uk/apply-free-school-meals



Year 8

CURRICULUM DAY

Year 8 spent the day in the Design Faculty doing a range of activities based on the GROW Model, where students considered their life goals, reality, options and their will to succeed. They made a personalised folder, a desk tidy, carried out a baking task, and a summary activity to record their own GROW model. The students had a great day and really engaged in all of the activities producing some impressive outcomes. **Well done Year 8. Mr A Park - Second in Art/Design/ICT Faculty**

Year 9

Year 9 students have had a fantastic term to begin their GCSE programme. Several Year 9 students have participated in an amazing number of incredible opportunities to get out of the Academy and visit a variety of places. Students visited: Glasswells Furniture Store in Ipswich, as part of the Chooseday Tuesday programme; British Telecom at Martlesham, as part of the Technology/Science trip; a STEM trip to Sizewell; an **'Insight into Medicine'** Conference at our sister school, Ormiston Venture Academy, Gorleston-on-Sea, for students interested in pathways into a career in medicine and finally, ten students were involved in a wonderful opportunity to explore the workings of Felixstowe Port Authority. All of the students benefited from these experiences, especially with a view to future careers – which is vital for our young students at this stage of their schooling. Four Year 9 students took part in a very successful Creative Writing course with Year 5 students from Hillside Primary School, Halifax Primary School and The Willows Primary School. Next term, we are looking forward to an exciting opportunity for Year 9 students to visit the BBC Norfolk Studios, to explore Norfolk on Film – Making Movies. Our students are also continuing with Latin Club, Statistics GCSE, Base Camp and Brilliant Club – more about all of that in the next Newsletter! Our Year 9 students continue to have very high standards in attendance, punctuality, smart uniform and excellent behaviour. I am, as always, proud of each and every one of them.

Mrs W Huckfield - Head of Year 9

Year 10

It has been another really busy term. I am really pleased to celebrate the success of Year 10's achievement at the most recent Presentation Evening and I apologise for not being there. **"Well done"** to all of those students who were recognised for their exceptional effort and achievement throughout this year so far. **"Well done"** to Andre Tavares who has been the first Year 10 student to have reached 50 Stokies and is due to receive his Bronze Certificate and badge. Also, **"Well done"** to Saffron Green, Emily Fillbrook and Faye Alexander, who took part in the Youth Speaks Competition run by the Rotary Club and we are pleased to announce that they gained third place. This was against teams of older students and I am very proud to say that we have received two congratulatory emails from Principals of other schools. I would like to **"thank you"** as parents/carers for your continued support and I look forward to the future successes of our Year 10 students later on throughout the year.

Mrs C Lockett - Head of Year 10

Year 11

Welcome back after a well-deserved break and what a busy half term it was for Year 11.

Curriculum day was a massive success again this year and the students all came to the Academy in their work/interview attire looking amazing. What a credit to the Academy! All students took part in the **"Maximise"** study and revision programme, along with completing Curriculum Vitae and having mock interviews, which I hope will serve them well for the future. We received some lovely comments from the interviewer: *"I found the students to be well prepared and engaged. They were obviously nervous at the start, but I saw a real turnaround and by the end of the session each one was smiling and full of confidence."* *"I had a fantastic bunch of students, each one with a mature attitude and clear idea of how their future looks. Even if they had no chosen career path, they still had direction."* *"All in all they were fantastic and as ever, I would back all of them to do well in their own way. Can you tell them all, it was a pleasure to meet and get to know them and they all did brilliantly."*

Several outside visitors have taken our assemblies and this has been invaluable in informing the students what is available to them post-16. Many applications have been made and references written, a number of students have also had interviews. Good luck to you all. The last term was dominated by the newly named Pre-Public Examinations (PPEs) - two weeks of intense examinations. The students coped so well with it and were highly praised for their excellent conduct throughout. The Prefects have been doing a sterling job and the Prefect Room is taking shape nicely. I thoroughly enjoyed the pizza and movie night held in the newly refurbished Performing Arts Suite on the last Friday of term. What a great bunch of students.

Mrs D Le Marrec - Head of Year 11

Year 11

Presentation Evening

It is always a pleasure to be able to recognise the efforts of our students, and Wednesday 23rd November 2016 saw such an evening, with parents and carers being invited to witness the accomplishments of our many talented and committed young people at the Year 11 Presentation Evening.

Many students were rewarded for the effort made in their classwork with the following receiving prizes for their Achievements across the Curriculum: **Ashlee Clark, Emily Redford, Cody Eddington, Ciaran Sheehy, Hallie Lawson** and **Krista Lineja**.

Keanen Dale received the Head of Year Award from Mrs D LeMarrec, for his leadership skills and keenness to help others. The School Community Award was presented to **Ieva Grakulskyte**. Ieva is an excellent, conscientious and hardworking Prefect and has been instrumental in the success of the new Stokie Rewards Scheme.

Our next Presentation Evening was on Thursday 26th January 2017 to reward our Year 9 and 10 students.

Mrs A Farthing - Examinations Officer



PE Department Sports Report

County Football Success for Stoke High

After successfully coming through two rounds of highly competitive trials, five Stoke High School students were successfully selected to represent their county in U15 and U16 County Football teams. The first round of trials took place at Ipswich Academy (30/9/16). The following students attended and successfully made it through the following round of selection:

U15 - Jordan Cox & Ajani Davis

U16 - Harry Golding, Bayley Wood, Sam Garrod, Jacob Lay

Following their success from the first round of trials, the above students were invited to the second and final round of trials (7/10/16). Again the standard and competition for places in the county teams was very high. Following the final round of trials the following students were again successful and selected to play for the county teams in their respective age groups:

U15 - Jordan Cox & Ajani Davis

U16 - Bayley Wood, Sam Garrod, Jacob Lay

To date the boys have played games against opposition teams such as Inner London and Hertfordshire. We wish the boys the very best of luck for their forthcoming games with their county teams.

Suffolk Schools Cross Country Event

On Thursday 13th October Mr Jordan and Mrs Lockett took a group of students to the Royal Hospital School to compete in the Suffolk Schools Cross Country event, an event which was well attended by Primary (Year 6), Secondary (Year 7 to 11) and Sixth Forms/colleges (Year 12). Each race had a minimum of 120 runners competing for a place in the top 50 to progress to the next round of competition (1st round County Schools Championships) at Culford School in December.

The behaviour and effort of the students was exemplary and a real credit to both the PE Department and Stoke High School. The following students took part in the event:

Junior Boys (Year 8 & 9) – Edwin Miranda, Hayden Churchyard, Lee Dos Santos, Josh Wilson, Jay Fenn, Brandon Hardwicke, Cobey Butchart

Junior Girls (Year 8 & 9) – Mia Kendray, Alanna Flewitt, Georgia Moses, Ellie Pearson, Rosanne Rokobuli, Chloe Spiteri, Alicia Monteiro, Louise Grimwood, Carmen Alexander.

Intermediate Boys (Year 10 & 11) – Jacob Lay, Peni Rokobuli, Sam Cox, Cody Eddington

Intermediate Girls (Year 10 & 11) – Lauren Dennington



Junior Girls Team (Year 8 & 9)

A special mention needs to go to both Brandon Hardwicke and Jacob Lay as both students finished within the top 50 to progress through to the 1st round of the County Championships. Brandon finished in twenty first place, whilst Jay finished in a very impressive ninth.



Year 11 BTEC Sport Exam Success

As part of the BTEC Sport course students are required to sit a one hour online exam. During the exam students are tested on their knowledge and understanding of a variety of topics such as the principles, methods of training, components of fitness and fitness testing to name but a few. Mrs Lockett and the Year 11 BTEC Sport group worked extremely hard in their preparations for the exam. During Thursday 19th December the BTEC students were off timetable to conduct their final preparations prior to sitting the exam later that afternoon.

Mrs Lockett complimented the focus and efforts of the students throughout the final lessons of revision. As a result, there were some very pleasing results with 15 students passing the exam, and 11 out of the 15 gaining a grade C or above! (7 at C Grades and 4 at B Grades). The PE Department would like to take this opportunity to say a massive “well done” to the BTEC students. Also a big “thank you” to Mrs Lockett for all of her hard work in preparing these students for their exam!

Keep up the good work during the rest of the BTEC course.



Stoke High School Ormiston Academy [OAT]

Maidenhall Approach, Ipswich, Suffolk IP2 8PL.

T: 01473 601252 • F: 01473 601225 • E: admin@stokehigh.co.uk • W: www.stokehigh.co.uk @stokehigh

