

LUNCHTIME

daily specials

Week 1 13TH APRIL / 4TH MAY / 1ST JUNE / 22ND JUNE / 13TH JULY / 14TH SEPTEMBER / 5TH OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli Beef Con Carne served on a bed of Wholegrain Rice	Honey Mustard Chicken Pie with Buttery Mashed Potato	Beef Meatballs served in a Napoli Sauce with Spaghetti	Roast Pork with Apple Sauce and Golden Roast Potatoes	Oven Baked Fish with Chips & Lemon Wedge
BBQ Vegetable Calzone	Creamy Macaroni Cheese with a wedge of Garlic Bread	Open Quorn Burger with Summer Coleslaw	Homemade Vegetarian Loaf with Golden Roast Potatoes	Vegetable Goujon Wrap with Chips
Cherry Bakewell Tart with Custard	Eton Mess	Peach Melba	Oaty Fruit Crunch with Custard	Chocolate Fudge Slice

Week 2 20TH APRIL / 11TH MAY / 8TH JUNE / 29TH JUNE / 20TH JULY / 21ST SEPTEMBER / 12TH OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Spaghetti Bolognese	Hunter's Chicken with New Potatoes	Pork and Apple Burger served in a bun with Fresh Salad Leaves	Roast Beef with Yorkshire Pudding and Golden Roast Potatoes	Oven Baked Fish with Chips & Lemon Wedge
Quorn Paella	Texan Five Bean Chilli with Rice	Red House Vegetable Bake with a homemade Tomato Sauce	Vegetarian Toad in the Hole with Golden Roast Potatoes	Chinese Style Quorn Chow Mein
Rainbow Iced Sponge	Toffee Apple Crumble with Ice Cream	Chocolate Crunch with Chocolate Sauce	Summer Fruit Pie with Custard	Orange Choc Chip Cupcake

Week 3 27TH APRIL / 18TH MAY / 15TH JUNE / 6TH JULY / 7TH SEPTEMBER / 28TH SEPTEMBER / 19TH OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Chicken Korma served on a bed of Rice	Gammon Steak with Pineapple Ring and Herby Diced Potato	Beef Empañadas with Corn Chips	Roast Chicken with Stuffing and Golden Roast Potatoes	Suffolk Sausages or Thai Salmon Fish Cakes and Fries
Oven Baked Tomato Chilli Penne	Mixed Vegetable Curry with Indian Flatbread	Roasted Vegetable Lasagne	Mixed Bean and Vegetable Bake with Golden Roast Potatoes	Spring Roll with Sweet Chilli Dip and Fries
Chocolate and Ginger Steamed Pudding with Custard	Lemon and Mandarin Cheesecake	Melon Boat	Strawberry Lovecake with Custard	Iced Bun

AVAILABLE
— daily —

Daily choice of fresh vegetables / variety of freshly made salads / baked beans
wholegrain bread / filled jacket potatoes / pizza of the day / filled baguettes
wraps, pitta and panini / jelly / fruit salad / milk / flavoured milk / Aqua Juice / water